

SALAD BOWL



**POKE BOWL** 



**APPLE SCROLLS** 



BERRY OAT BAR



Many Hands Make Light Work

Spiral pasta tossed through a homemade lean mince-based Bolognese sauce topped with cheese.

DF GF options available.

\$4.50

### Nugget Meal.

Chicken nuggets served with your choice of vege sticks or corn cob and a muffin and drink.

GF option available.

\$5.00

#### Poke Bowl.

Rice bowl with your choice of protein (chicken tender, honey soy chicken breast, tuna or crumbed tofu) with carrot, cucumber, edamame beans mayo and shredded seaweed topping.

GF DF V available

From \$6.00

#### Summer Salad Bowl.

A salad made up of your choice of ingredients. Chicken, crumbed tofu, egg, tuna, ham, croutons, carrot, cucumber, edamame beans, cheese and salad greens.

GF DF V options

\$6.50

### Glenview Wrap

A wrap filled with your choice of protein and salad.

From \$4.50

#### Corn Cob.

Small cob of corn topped with butter \$1.50 DF available.

#### Pizza Scroll.

Ham cheese spinach and tomato sauce rolled in a homemade dough. V DF options available \$4.00

#### Jaffle Sandwiches'.

Made with your choice of a mixture of toppings. Spaghetti, cheese, ham or pineapple.

DF GF V options available

\$3.00

Vegan Sausage Roll.

\$5.00

Mini Garlic Bread.

\$3.00

## AKING AND SNACKS

Muffins. GF DF V options

From \$2.00

Berry Oat Bar. Homemade Oat bar with coconut oil and maple syrup. V and DF friendly \$2.00

Jam Drop Cookies. Homemade cookies naturally dairy free and GF V options avaliable From \$1.50

Apple Crumble Scrolls, homemade bread dough with a stewed apple and oat crumble filling. DF V friendly

Yogurt Cup. A sweetened greek style yogurt sprinkled with your choice of toppings.

Homemade oat crunch, berries, granola or peaches. V GF DF options avaliable

from \$2.00 Veges Sticks and Hummus \$2.50

Fruit cup

Pretzels, Popcorn or Rice Crackers bag \$1.50

# FROZEN TREATS

| Frozen Grapes or Pineapple | \$1.00 |
|----------------------------|--------|
| Moosies                    | \$2.00 |
| Golden mango Sorbet (V)    | \$2.50 |
| Juicies                    | \$2.50 |
| Quelch                     | \$1.00 |
| Bulla Frozen Yogurt        | \$3.00 |



order via Flexischools app before 10pm the previous evening.



















